



Wellingborough & District Athletics Club (WDAC) Health & Safety Policy

Policy Statement

Part 1: Statement of Intent

This is the health & safety policy statement of Wellingborough & District Athletics Club (WDAC).

Our health & safety policy is to:

- Ensure, as far as is reasonably possible, the health & safety of all club members, volunteers and visitors to the club.
- To work in partnership with our club hosts, Wellingborough Old Grammarians Association, and their health & safety policies. This also applies to our use of other facilities such as those at Sir Christopher Hatton School.
- To review and revise this policy annually.

Signed: <i>Neil McDonald</i>	Date: 13/09/2023
Position: Chair, WDAC	
Print name: Neil McDonald	Review date: 13/09/2024

Part 2: Responsibilities for health & safety

Overall and final responsibility for health & safety lies collectively with the WDAC committee.

Day-to-day responsibility for ensuring this policy is put into practice is delegated to the clubs welfare officer(s) Lee Mooney and Francesca Molossi-Murphy.

To ensure health & safety standards are maintained/improved the committee will receive reports/recommendations on a needs basis and take action where appropriate.

Part 3: Arrangements for health & safety

- Risk assessments – we will complete relevant risk assessments, which will be published on the clubs website alongside this health & safety policy, and take action when necessary.
- Training - where appropriate/specific training is required this will be arranged.
- Consultation – we will consult routinely on health & safety matters as they arise and formally when we review health & safety.

TRAINING UNDER THE CLUB'S AUSPICES:

- It is the responsibility of all runners to dress with appropriate light, reflective and /or high visibility kit. This is very important when running in the dark or poor visibility conditions.
- It is the responsibility of the individual to bring to the attention of all before a session any illness, injury, or other factors that may affect their health and safety, or that of others, during a session.
- It is the responsibility of all runners to make sure that no runner is left running or training alone. This is especially important when running off road, in the dark or poor visibility conditions.
- It is the individual responsibility of all runners/athletes to make sure that they cross roads at safe places.